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Worthwhile Journey: Kristina Cobarrubias Talks Pharmacy School



So, it's fifteen minutes past the meeting hour and I'm thinking she sooo stood me up. However, thirty minutes later I look up and there she is, passing by the glass window and entering the coffee shop pharmaceutically late, of course. I cut her some slack; it's a busy lifestyle, it's basically 'the real world'. Cobarrubias apologizes; we've only a few minutes to get to the chase so we cut right to it.

As we involve in conversation, Cobarrubias mentions being a member of a numerous family; she explains "it was tough, knowing as a child that 'you're barely making it'." Seeing her mother struggle and raise eight children on her own has definitely been a motivation and has helped her stay focused on pursuing what she's planned. And, what is that exactly? She has plans; she giggles at first and admits "Academically, I don't know... something clinical, being in a hospital atmosphere" as well as a EuroTrip without having to worry about school and having to work half-time shifts along with attending school full-time. I ask her why she chose Pharm School and she goes into detail:

"Oooh, good one- her eyes expand-as a freshman in CAMP I declared a Pre-Dental major but later decided Pharmacy granted me more opportunities. I could make a bigger difference; help in a more broadened way (rather than strictly teeth) through retail and research especially in the Latino community."

Do you think CAMP inspired you in tending your ethnic roots? I've always wanted to give back to my community and caring for those who share my ethnic background is important to me. I think CAMP prepped us in the sense of university courses in general, especially when it came to presentations.

Any favorite memories from CAMP or the class? My favorite assignment in class was presentations. Oh, and of course the Ashland trip.

Overall, was there any point in time when you considered it all drudge work and just wanted to give up? Pfffsh, yeah! That was NOT an option.

Today, Cobarrubias is attending Grad School and feels very accomplished; however, she tells us this still isn't her time in life. Don't get her wrong, she is proud of getting thus far, it's not easy but she has just begun a new chapter in life. She recalls waving her hands in blank air and cheering: "I got in! I got in!" when she received an email of acceptance, into Pharmacy School, after an approximate four month-long, anxious, wait. Cobarrubias proceeds to mention Pharmacy School is all she ever imagined plus more, it's like taking everything you've heard and acquired in the past four years and condensing it into one term. She giggles and adds, "The best part of being in grad school is that everything makes sense." As an undergrad, she felt as if everything was distributed in pieces but these have become cohesive to form the intended gestalt. She argues it's been worth it and "all one really needs, to live by, day to day is self-motivation."

CAMPview: Kristina

- 1. What's your biggest pet peeve? Being called Kris, that's not my name, it's Kristina!
- 2. Is generic medicine really the same as brand name meds? Yes. X Nooo, they lie. Maybe. Idk!
- 3. What do you do when you're stressed? Watch a movie. $\underline{\times}$ Retail Therapy. Other. $\underline{\times}$
- 4. My family and friends: Provide perspective. $\underline{\times}$ Love me, duh. $\underline{\times}$ Are always there for me. X Other give support
- 5. My favorite celebrity is <u>Leighton Meester in Gossip Girls</u>
- 6. What is your best energy-boosting trick? Water
- 7. Craziest thing I ever did in school as an undergrad... partying stupidly, I usually don't even party
- 8. No matter how busy I am, I always take time out to Watch movies or TV shows

Current Students:



Elisa Tzintzun

Onick Facts:

-Major: Ethnic Studies

- -I immigrated to Oregon when I was 14
- -I enjoy dancing Cumbia & Merengue
- -I am an Office Assistant at the Centro Cultural Cesar Chavez
- -I have 4 sisters, 2 nephews & 2 nieces -My favorite things of CAMP: it's my second home; they're supporting



Roberto Luis-Ramirez

Quick Facts:

-Major: Electrical & Computer Engineering

- -Passion for the playing the piano
- -I can play the guitar and ride my bike at the same time
- -My favorite band is Relient K
- -As a little kid I was the only mischievous one of the family
- -My favorite part of CAMP is getting together with other students and doing activities



Lizeth Ochoa

Ouick Facts:

-Major: Undecided

- -I've lived on the coast my entire life; love the sound of waves
- -I love to read, I love Nicholas Sparks
- -I love to snowboard and play soccer
- -If you see me around I'm usually smiling
- -My favorite aspect of CAMP is the support they supply and like family



Emanuel Cortes

Quick Facts:

-Major: Civil Engineering

- -I do my homework at night and spend most of the time with friends
- -I like to dance all kinds of music, even if I don't know how
- -I don't like to be alone & most of the time I like to pick on people
- -I can juggle a soccer ball for more than 30 minutes without dropping it
- -My favorite thing of CAMP: the help that we offer to each other

SUMMER ORIENTATION



The students are all invited to the CAMP orientation for the same reason: to meet and become acquainted with their fellow classmates for the first year of CAMP activities and class. It probably may not seem all that fun given it is scheduled two weeks prior to the actual beginning of Fall Term but everyone was able to attend, the entire cohort of 2009-2010. Determined to meet new people, try new things and make everlasting friends. This program introduced many individuals to other individuals from different parts of the state. Each student is different but they were all able to open up and find out they had many things in common with other students in the program.

There are usually plenty of icebreakers, many workshops and one trip to the Oregon Coast in Newport along with student panels and guest speakers throughout the first week. One of the main events in which students are able to get to know each other and begin to trust in one another is through the ropes course activity. They also participate as groups of four or five in a scavenger hunt workshop that serves the purpose of helping students locate different resources and building locations on campus. When at the beach, most students are already more comfortable around each other and have developed stronger bonds. This trip mainly consists of a relaxing getaway from the city and gives time for outdoorsy experiences. Students and staff all involve in cooking dinner and eating together. In the evening they play games and make s'mores. The following day they, together as group, take a stroll on the beach and play soccer or flag football.

After this closing trip, they are ready for another weeklong agenda filled with similar activities through another program called CONNECT or Conexiones. This last week is put on by Kalmekak Student Outreach Program.



From the Editor: Gerandoms

Favorite thing about myself: I have a lot! I swear I'm not a narcissist. I like people! I always take time to hang out with my friends or family, I like that I make myself available.

How did your parents pick your name? My Mamabear was reading a book and decided the big G-word should be my name. :)

What are 3 words that describe you? Me, myself and I. (Or it could be Intellectual Crazy Latina)

Best book I ever read: Catcher in the Rye

Motto in life: Ya only live once, so, "live for today because yesterday is gone and tomorrow may never come."

If I could learn to play an instrument it'd be: The accordion; don't judge.



Geraldine "gera" Casimiro



ALUMNI...WHERE ARE THEY NOW?

Maria Garcia , CAMP 2005

I graduated from Oregon State University in 2009 with my degree in Human Development and family Sciences. I currently live in Keizer, Oregon with my boyfriend of 5 years now and our son who is 4 years old. I currently work for Clackamas County Juvenile Department as a Juvenile Court counselor. I manage a case load of both misdemeanors and felony cases. I work with schools, police enforcements, shelter providers, and other community providers. I love what I do because I get the opportunity to give troubled teens a second chance at life and new beginning. I would have not gotten this opportunity if I had not done my practicum with Marion County. During my college career I did an internship every summer. I highly encourage everyone to do as much internships as possible. I also encourage everyone to do as much networking if possible. In my spare time I enjoy being with my family and friends. Always remember que si se puede!! Never let go of your dreams and always look towards the future. I am living proof of "living the dream".



Melisa Lopez, CAMP 2005

The week I graduated from OSU in June 2009 I was offered a position at Eastern Oregon University as an admissions counselor. I accepted the offer and now live in La Grande doing just that. A lot of what my position entitles is recruiting prospective students for Eastern, traveling to high schools, and assisting prospective students with the admissions process. Another huge part of my job is being the campus visit coordinator. I conduct and arrange all the on campus visits. The best part of my job is getting paid to travel to different places and talk to students about pursuing their higher education at EOU, something I'm truly passionate about. I owe all of this to Wendy. Wendy introduced me to NUFP (NASPA Undergraduate Fellows Program) and opened my eyes to the many career possibilities of student affairs in higher education.

OSU CAMP Scholars Go Abroad



Rocio Acosta, photographed in Toledo Study Location:
Santander, Spain Year: Fall 2009



Ernesto Madrigal is standing before the Louvre Study Location: Aarhus, Denmark

Year: Fall 2009



Rudy Nava, pictured at Playa Culebra Study Location: Puerto Rico

Year: Summer 2010

Announcements/Upcoming Events

- Feb 1st-5th- Mentor/Mentee Meetings
- Feb 6th– Civil War Basketball OSU vs. U of O @ 3pm
- Feb 18th– Mens' Basketball OSU vs. California @ 7:30pm
- March 1st-5th- Mentor/Mentee Meetings
- March 8th-12th- End of Term Potluck
- March 12th- Service hours due by 5pm in Waldo
- March 15th-19th-GOOD LUCK ON FINALS:)

<u>Term</u> Birthdays



January
Elsa Ávila-Núñez
Adrian Magaña
Angélica Perez



<u>February</u> Liliana Huerta Vasquez



March
Lorena Birrueta
Lizeth Ochoa
Javier Trinidad



AMAS' UPDATES

We are in full gear with the 2009-10 academic year. We are funded to serve thirty students during this academic year, but due to the many applications we received, we've decided to serve thirty-two students. This year's CAMP scholars come from 18 high schools throughout Oregon. Unlike past years, this year, we have more female participants than males. A few weeks ago, I received their fall term grades and I was pleased that the average GPA for the class was 3.31. Twelve students received a GPA higher than 3.5. No one received a GPA below 2.0. I'm proud of them!

This year, we also implemented another academic support initiative through the collaboration with the Center for Writing & Learning. The "Writer's Group" provides additional writing skills for participants who are enrolled in developmental and university writing courses. So far, we have received positive feedback from participants.

The Peer Mentor program continues to be strong under the leadership of our VISTA Volunteer. I strongly believe the mentor component contributes greatly to the retention of our participants.

One of the things I like about my job is being able to connect with parents and inform them about the benefits and opportunities in higher education. So far, I have talked to five groups of over 30 parents in each session at different locations in Oregon. Next year, CAMP is planning to host three or four workshops for migrant parents in collaboration with key campus units. Many Migrant Coordinators from different areas/regions have expressed their interest to form this collaboration.

Finally, Wendy is in the process of getting ready to review the applications of potential participants for 2010-11. The CAMP Application Review Committee will be reviewing over 40 applications this month, and we hope to receive more applications in the next months. The next step will be ensuring that students have applied for FAFSA and completed the financial aid process. OSU CAMP continues to be making a difference in the lives of our participants and beyond.

Amas

Peer-Mentor Excursion Hits PDX in 2009

In order to promote retention and provide first year students with one-on-one guidance CAMP has incorporated a mentor-mentee program. During fall term, mentor volunteers are asked to turn in applications and answer specific questions about their likes, dislikes, and abilities, basically their interests; they are then set up with a compatible current CAMP student whom they will be mentoring and befriending throughout the school year.



Throughout the three terms of school, our Peer Mentor Coordinator goes about programming outings and setting up events in which mentors meet with their mentees to connect and bond. These scheduled situations enable these pairs to involve in activities outside of class and the freshmen can navigate the OSU educational system with someone in their age group as a resource. Usually there are meetings, trips, sports events, and BBQs or potlucks in which these pairs meet along with the rest of the CAMP class to just have fun!

This term, one of the events that the mentors and mentees enjoyed was going to dinner as a group and attending a Blazer game in the hybrid city of Portland. A total of fifty individuals made the trip possible and enjoyed the Blazers take the win against the Detroit Pistons.

